

AGELESS WISDOM

As my mother Regina was approaching her 100th birthday I asked her if we might have a party for her. “Why, sure” she replied, as we both smiled. I remarked that we hadn’t seen some of the folks for quite some time and that we might have to reintroduce ourselves.

Mom, who has low vision, paused and looked away. Then she took my hand, placed it on her chest, looked directly into my eyes and said, “Oh honey, we may not know them to see, but we know them by heart!” My heart swelled as we sat quietly in the garden. Such insight! Such wisdom.

AGELESS LOVE

One day as I was getting ready to leave my mother’s residence I knelt down in front of her wheelchair and thanked her for a wonderful day. As she returned the thank you I placed my head on her lap. I thanked her for being such a wonderful mother and told her she had done a good job.

After a moment she patted me on the head and said, “So far!!!”

I found this rather humorous as she was 101 and I was 66 at the time!

Mother Regina is now 102 and still teaching me much about life and love.

I am thankful to the ALZ group for helping me appreciate that.